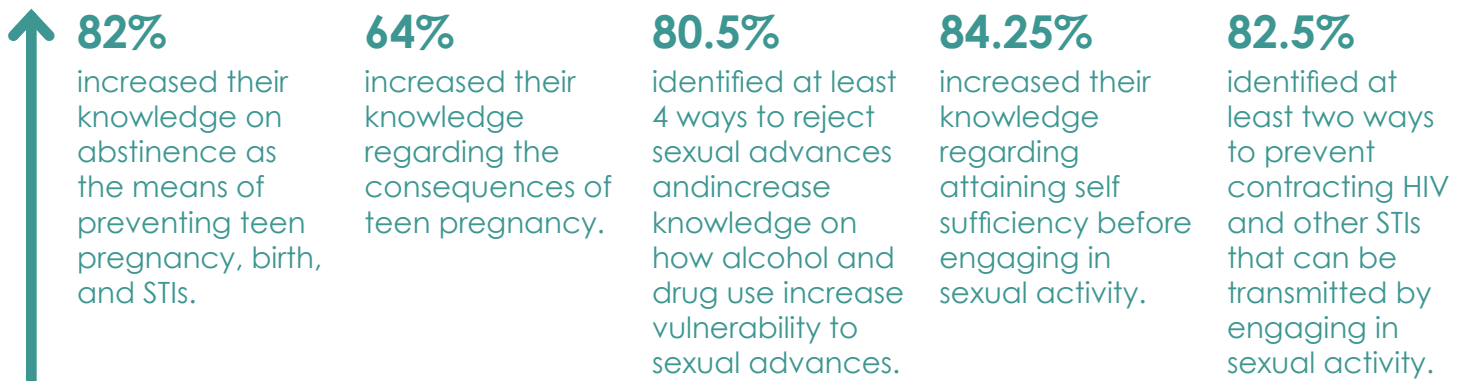


2019 Assessment Results - How did we do?

McMillen Health successfully reached 2,502 students through our Choices Today, Options Tomorrow (CTOT) Curriculum and Promoting Health Among Teens (PHAT) Curriculum. CTOT was used with students in grades 9-12 while PHAT was used with students in grades 6-8. Both curricula discuss sexually transmitted infections (STIs), the effects of teen pregnancy, and positive decision making for a better future. McMillen Health served the following Indiana counties through this project: Allen, DeKalb, Grant, LaGrange, Noble, Steuben, and Whitley.

The following survey results and evaluation feedback provide an overview of our outcomes:



What Students are Saying

“It was all very good important information but the one I thought was the best was the last presentation about what drugs and alcohol do to babies during pregnancy. **The presenter did such an amazing job.**”

- Allen County, South Side High School participant of CTOT

“This program **helped me understand the consequences of teen pregnancy** and how it does not just affect you but everyone else.”

- Allen County, Carroll Middle School participant of PHAT

“I liked the activity where we had to build a tower with goggles on because it actually shows you what the real world would be like if you ever chose to do a drug or drink too much. The fact that teenagers nowadays are getting pregnant at a young age and that it is really affecting the environment. **The McMillen presenter said a lot of things that changed my attitude. I had some sort of an idea of what they were talking about before but after receiving this program it just makes me want to stay away from drugs and alcohol and sex and all that stuff they talked about.** The one thing that I struggle with is relationships because it seems like everyone I try to have a connection with is in it for the wrong reasons so that makes me less confident in my choices. This experience brought to my eyes that it's my body and I don't have to do what I am not comfortable doing. I get to say no and I don't have to listen to what anyone else says about that. At the end of the day it's my choice and no one else's.”

- Noble County, West Noble High School participant of CTOT

